

## POSITION DESCRIPTION

# Student headspace Melton Alcohol & Other Drugs (AOD) Clinician

POSCS3098

ISO9001 | Approved by Neos Zavrou | Next Revision: 23/08/19



<b>Hours:</b>	Negotiable (minimum of 2 days per week)
<b>Length of Placement:</b>	Negotiable
<b>Location:</b>	Melton
<b>Reports To:</b>	Centre/Clinical Manager & Senior Clinician, headspace Melton

### The Organisation

Odyssey House Victoria (OHV) is a place of hope and positive change for individuals working towards breaking their pattern of addiction. At OHV we believe that every person should have the opportunity to change and grow. Our diverse teams work with individuals, families and communities to reduce drug use, improve mental health and reconnect people to their family and the community.

Odyssey House Victoria (OHV) is the lead agency of headspace Melton. In partnership with MacKillop Family Services, cohealth, Youth Projects, Djerriwarrh Health Services, NorthWestern Mental Health and Melton City Council, OHV leads headspace Melton (hsM) to provide an innovative family-inclusive and youth-directed model that celebrates young people, culture, community, diversity, access and engagement.

### headspace Melton

The primary focus of hsM is to provide early intervention and support to young people with mild to moderate mental health difficulties. It aims to improve the mental health outcomes for young people 12 to 25 years old, through integrated services that promote recovery and wellbeing. Services are provided across the four core areas required by headspace National: mental health, physical and sexual health, AOD and educational and vocational. Additionally, hsM provides support for young people who are homeless.

The core headspace team includes management, administration, intake workers and clinicians. The team is supported by Consortium partner's social workers, youth workers, psychologists, drug and alcohol counsellors, generalist counsellors, homelessness services and employment services, along with bulk billing Medicare funded medical and mental health services and tertiary hospital mental health services.

### Position Objective

The Student headspace Melton clinician will work with experienced OHV reception and administration staff and clinical staff to build their clinical practice, in a supportive, supervised environment. Experience will be offered across all aspects of the service including reception, Duty, Intake and Assessment and clinical sessional work. Through experience in these areas, the student will be provided with an opportunity to grow their reflective and clinical practice and share their thoughts and ideas.

### Role Responsibilities:

Key responsibilities for this position include:

#### **Reception, Duty, Intake and Assessment and Counselling (headspace Melton)**

Under supervision, and working as part of a team, to assist with:

- Meeting and greeting young people and their families;
- Respond to referrals and walk ins as part of the Duty role;
- Conduct risk assessments and develop safety plans;
- Complete intake and assessments;
- Participate in day to day supervision and formal supervision;
- Provide counselling and brief intervention to young people and their families; and,
- Attend staff and clinical meetings;
- Conduct broad educational and psycho-social screening assessments of young people and their families
- Assist in the development of treatment plans and providing effective counselling interventions and assertive referrals to meet the individual needs of the young person and their families, including those with complex needs;
- Provide information, education and practical assistance to young people and their families to improve their wellbeing;
- Assist in the provision of interim support for young people and their families awaiting the commencement of counselling services;
- Complete high quality case management and timely record keeping including case notes, revision of treatment plans and feedback to clients;
- Participate in clinical reviews;
- Assisting in the creation of exit plans and identifying post care support;
- Contributing to therapy team reviews, case reviews and other staff meetings;
- Participating in community activities; and,
- Assisting in the appropriate referral and coordinated treatment of clients with specific or specialist needs by liaising with other treatment services.

## **PROFESSIONAL DEVELOPMENT**

- Participate effectively in clinical supervision by actively giving and receiving feedback;
- Participate actively in any student related professional development activities.

## **GENERAL**

- Maintain up to date progress notes, case files and data entry;
- Adhere to site specific policies and procedures;
- Adhere to and keep informed of all relevant legislative compliance requirements, and report any perceived breaches;
- Undertake other duties as directed.

## **Key Selection Criteria**

As a Student hsM Clinician, I am currently in my final or penultimate year of a:

1. University/Masters Degree in Psychology, Social Work, Counselling, Nursing or Community Health/Welfare.

As a Student hsM Clinician, I ...

2. Have a genuine interest in mental health;
3. Am a strong verbal and written communicator, allowing me to quickly develop strong relationships with my colleagues and a variety of different stakeholders;
4. Am resilient and willing to work through a conflict situation with a professional and sensitive approach;
5. Am comfortable actively engaging in reflective practice;
6. Can convey empathy and concern and collaborate effectively with people from a range of different backgrounds in a respectful and compassionate manner;
7. Have high standards of integrity and am comfortable with engaging clients in dialogue and developing a therapeutic relationship;
8. Am committed to developing my clinical practice by observing and learning from others;
9. Believe in the value of teamwork and the importance of supporting others to enhance service delivery;
10. Take initiative, am organised can work independently, and adapt to changing organisational needs;
11. Am curious and committed to finding creative ways to work with clients to achieve better outcomes

## **Essential Requirements**

- Satisfactory outcome of a confidential Police Check and Working with Children Check. OHV is committed to child safety and is a child safe organisation.
- Displays personal insight and an ability to receive constructive feedback.
- Empathy for those whose lives have been affected by mental health difficulties or disorders or drug use/and or mental health disorders.
- Information technology skills, including proficiency in Microsoft Office suite.
- Eligibility to work in Australia.

## Desirable Requirements

- First Aid Certificate.
- Possession of a current Victorian Driver's License.

I have read and understand the requirements of my student placement position

Signature:

Date: